



RLS Health & Safety Procedures

In the event of an accident or incident:

Please contact RLS out of hours immediately on 07949 823151.

General Safety Guidelines:

- Wear appropriate clothing and footwear suitable for 3G surfaces.
- Always access pitches via the designated main walkways.
- Enter pitches through the proper gates do not climb over or on any fencing.
- A defibrillator is located by the entrance to the pitches Code: C159X.

In case of emergency:

- Everyone should move to the designated safe area at the far end of the pitches.
- Await further instructions from RLS staff.
- Do not leave the area or allow others to do so until advised.

Spectators:

- Please remain in the designated viewing areas unless otherwise authorised.
- Only club officials and registered players are insured to enter the Astro turf.

Thank you for your cooperation in keeping our environment safe for all.

